

Teaching and Learning

Minimum Content

From the understanding of coaching in its value-interpreted context, in which with use of a process a sustainable self-learn concept is initiated, the Hamburger Schule has identified the following minimum content of a coach training course, based upon the competence model, the axiomatic of coaching, the values freedom, voluntariness, resource provision, self-control and the three concerns decision-making-ability, enhancement of perception and alternative actions:

Personal competence

- Self-assessment of one's own behaviour

Professional-methodical competence

- Leading a process
- Questioning
- Clarifying meanings and connotations
- Creating hypotheses
- Offerings on an abstract level
- Initiating a change of perspective
- Legal basis

Social-communicative competence

- Agreeing on a communication context for coaching

Topical competence

- Economic sector, topic-specific or cultural abilities (specialization).
Note: topical competence is not part of the minimum content. Topical competence formulates the abilities that are to be considered with regards to a particular furthering in training, for example management.