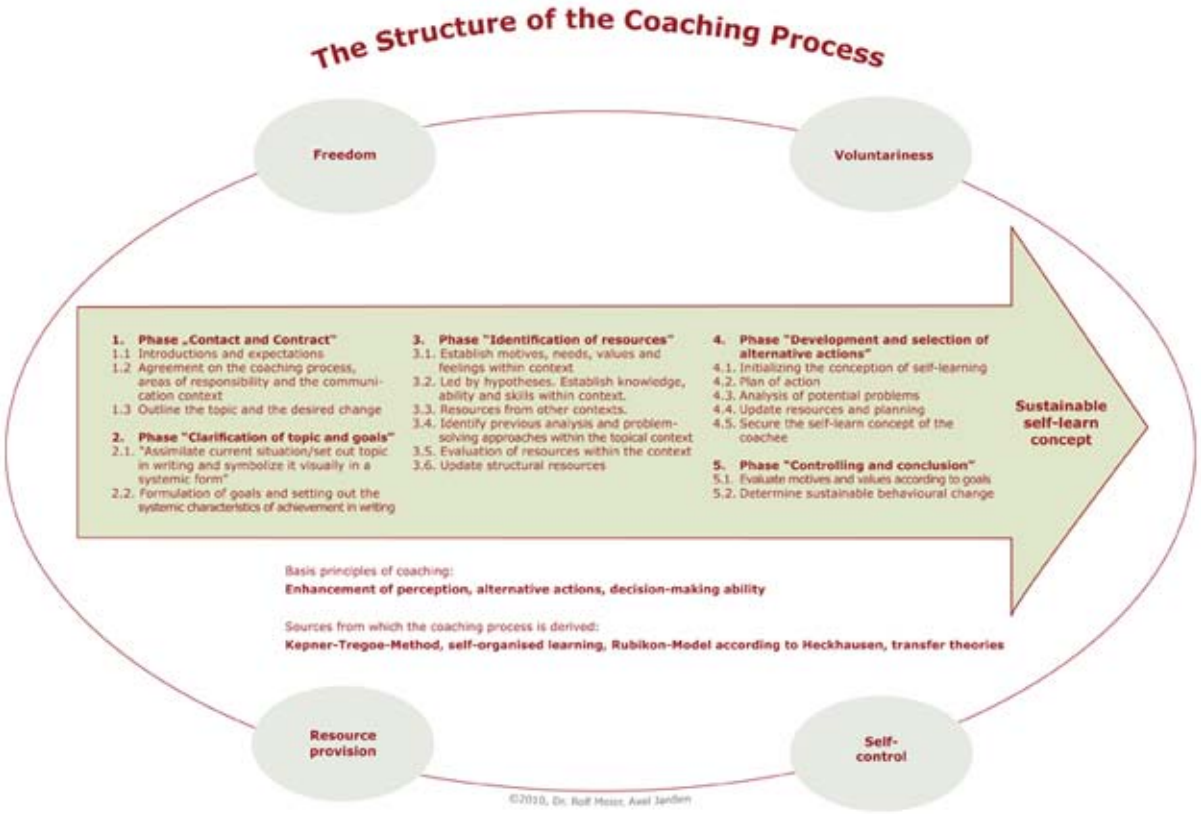
Core Models and Definitions

DIE HAMBURGER SCHULE
Coaching aus der Erklärungssystematik der Hamburger Schule
www.hamburger-schule.net

The Coaching Process

Coaching is the context formed by the values freedom, voluntariness, provision of resources and self-control in which with the help from a structured coaching process regarding a topic perception is enhanced, decision-making ability is developed and alternative actions are initiated in order to achieve an emotionally wished for and sustainable self-learn concept of the coachee, the group or the team.



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