

Core Models and Definitions

Core Models and Definitions of the Hamburger Schule

A theory is a model of thought which can be drawn upon to explain events or for the construction of new worlds. It can also be understood as being the whole of a theoretically constructed picture – in contrast to practice. According to this, a theory is a simplified picture of an extract of reality.

The Hamburger Schule understands the term model as being the reduced complexity and abstract depiction of reality.

Based upon the theory of Self-Organised Coaching, the Hamburger Schule has developed various models and finds the following – in its understanding – important:

- Competence Model Coach
- Competence Model Coachee
- Competence Development Model
- Individual Development of Values
- MBVC Model
- Critical Success Factors in Coaching
- Communication Context
- Coaching Process