

The "Hamburger Schule"

History of the "Hamburger Schule"

The name "Hamburger Schule" originates from training practice. Participants of the coach training courses of Dr. Rolf Meier and Axel Janssen began even back in 2005 to question the scientific-theoretic background of the training. At the same time they highlighted the fact that the way the training took place in Hamburg was different to what they had previously been used to. They thus gave this particular type of training the name "Hamburger Schule".

As well as the participants of the training, clients of these coaches also identified the Hamburger Schule as being symbolic for a "different" (autonomous) coaching approach which they wanted to find out more about.

In April 2008, Dr. Rolf Meier and Axel Janssen decided to make the explanation-systematic of the Hamburger Schule accessible to the general public through an internet presence.

In June 2010, the web site was revised within the framework of the launch of their book: "Coach Training – a Strategic Curriculum".