

The “Theory of Self-Organised Coaching”

Self-Organised Coaching

Those who advocate quality control and advanced training in coaching should have a differentiated complexity of strategies for its analyses and realisation at their disposal. This complexity of understanding, strategies and measures forms a theory.

The theory of Self-Organised Coaching describes:

- the requirement and legitimacy of coaching
- all the relevant mechanisms in coaching
- their generally valid verifiability

Only once this closeness is given can quality be developed and assessed.

The theory of Self-Organised Coaching thus serves:

- trainers of coaches as a basis for the formation and legitimisation of their curricular training programs
- practicing coachee to interpret the variety of coaching understandings
- practicing and future coaches to evaluate for themselves their approach to coaching and for the further development of their own procedures
- future coaches to evaluate and select coaching training courses.
- As a basis on which the scientific world can evaluate coaching and give academic impulses for its further development